

# "EMPOWERING & IMPACTING LIVES"



# **OUR MISSION**

# We have a simple, but robust mission:

"To empower and create impact in the lives of marginalized communities"

"Where there are people in need, we'll be there lending a hand, a smile, and an encouraging word"

Our interventions target those areas where poverty and socio-economic indicators are below the national average.



## Welcome to our Annual Review & Report, 2018-19

We are delighted to share the Annual Review for FY, 2018-19 highlighting comprehensive information about our charitable interventions, their impact and achievements in the Thematic Vertical of EDUCATION, PUBLIC HEALTH & POVERTY ALLEVIATION and our work on gender sensitivity in compliance to POSHAW Act, 2013 for the corporate sector, Partnerships, Volunteer engagement and other key initiatives as well as the Annual Report for the FY, 2018-19 disclosing financial information.



#### **ABOUT US**

We are a registered legal entity in compliance with Indian law as a voluntarily, apolitical, secular, non-sectarian, non-discriminatory, non-proselytizing, non-for-profit & non-governmental multidisciplinary charitable social service organization, established on 6th April, 2011 in Mira Bhayander, Mumbai, India and working towards a social mission that seeks to address social & humanitarian challenges faced by marginalized and vulnerable communities across the nation through our initiatives that seeks to empower and impact the lives of the unprivileged irrespective of any caste, creed, religion or gender in the thematic verticals of education, healthcare and poverty alleviation.

#### **OUR VISION**

"Empowering and Impacting Lives for better future"

#### **OUR VALUES**

"COMMITMENT, DEDICATION & INTEGRITY"

#### WE IN THE SPOTLIGHT



www.hhfngo.org



www.facebook.com/hhfngomum: 365 likes, 371 followers





www.linkedin.com/company/helping-hand-foundation/: 049 followers

# **ANNUAL REVIEW**

2018 - 19











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#### **ANNUAL REVIEW**

2018 - 19



#### IMPACT DURING THE YEAR...

Direct Reach during the year: 3678 Indirect Reach during the year: 8000+

#### **OUR FOOTPRINTS**

#### 1. STATE OF MAHARASHTRA

a. District Thane:
Jurisdiction of Mira Bhayander Municipal Corporation (MBMC)

b. District Palghar:

Jurisdiction of Vasai-Virar Municipal Corporation (VVMC) Jurisdiction of Boisar Gram Panchayat

c. District Borvali:

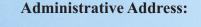
Jurisdiction of Municipal Corporation of Greater Mumbai



**Direct Reach:** Direct participants include all beneficiaries who are experiencing a positive difference at the individual or household level, as a result of receiving services, goods and resources directly from us or through a partner.

Indirect Reach: Indirect Participants include all beneficiaries who are not directly involved in project activities nor receive direct services/goods/resources from us but are still impacted in some way through our intervention





302, Ganesh Society No:02 CHS Ltd, Off Our Lady of Sea Church Road, Uttan Navghar, Uttan, Bhayander West, Tal-Dist, Thane, 401106, Mumbai, Maharashtra, INDIA

**Tel** : (022) 28451365

Cell : (+91) 9987923843 / 9892757014

Email: hhfngo2011@gmail.com

Web: www.hhfngo.org





## Message from the Chief Functionary.



Hi.

It gives me immense pleasure and joy to announce that we have successfully completed eight years of our existence as a credible and transparent voluntary non-profit charitable organization, hence presenting you our 8th Annual Report for the fiscal year 2018-19 ended 31st March, 2019.

During the year most of our work was focused on reaching the unprivileged communities in the geographical areas mentioned in this report. Our interventions continued to reach out to the unprivileged communities in the poorest and remotest regions, to make a positive impact in their lives. We worked in three different districts, 06 villages to directly reach out through education, Public health and poverty alleviation interventions.

Lasting change can only become a reality when underlying causes of poverty and social exclusion are addressed in a holistic manner.

On the other hand, we have also collaborated with a range of powerholders, including the state to improve their ability to fulfil their obligations and be more responsive.

Several other milestones were achieved during the year and the report outlines some of our key achievements

We have also highlighted some Game Changers which have made a significant difference to our work and its impact on the ground.

Our interventions till date have always converged towards making a self-reliant, educated, empowered community and going ahead

To meet these challenges, we know we must be responsible stewards of all the resources with which we have been entrusted. This report intent to give you a clear and accurate picture of our ongoing efforts to carry out that stewardship.

I sincerely take this opportunity to thank our trustees, volunteers, donors, partners & well-wishers for their contribution, strong and consistent support particularly when we needed to find solutions to big development challenges, without which we would not have been able to achieve so much.

It is a honor to do this work, and to join forces in this cause with outstanding partners across the nation.

To all of you, I extend my deepest thanks.

Thank you!

Sd/-



#### THEMATIC VERTICAL: EDUCATION

We primarily thrust on providing free English education to our target beneficiaries from the marginalized and unprivileged sections of society. This year we had the privilege to serve a total of 2827 direct beneficiaries and 350 indirect beneficiaries through our preschool and remedial education, awareness sessions as well as sponsorships of complete education expenses of two unprivileged children from migrant unemployed families living in hostile conditions.

Our education interventions are implemented in rural and "hard to reach" areas of educationally backward areas.

We ensure that our educational interventions have long time presence in the operational areas which follows an educational life cycle approach, work with children and young women in the age group of 01 to 18, to improve their academic and allied socio-emotional competencies through the following programmes

Our overall goal is to empower children especially girls of migrant labor category population through providing them free standard access to basic English education and building capacities, self-esteem and leadership skills that enable them to influence change at individual, social and systemic levels

#### A. FREE ENGLISH PRESCHOOL: UTTAN

Christened as "SMILING STARS ENGLISH PRESCHOOL", it is a non-formal basic preschool to mold, nurture and educate the unprivileged children from the marginalized migrant, irregular daily-wage labor communities in Rural Mira Bhayander which functions at par with mainstream preschools having different stages of education i.e Nursery & Kindergarten (Jr & Sr), this preschools records 99% attendance and results.

Wherein this year the preschoolers in the age group of 3.0 years to 05.05 years of age enrolled in the said preschool were accessed to free standard quality preschool syllabus of English education comprising of evaluation assessments, regular attendance, celebrations of events, festivals, sports day, annual day etc... along with free notebooks, preschool stationary, uniforms, bags, footwear, Tiffin boxes, water bottles, Umbrellas, nutritious products and many others...

The children have successfully completed their stages and are promoted to Sr KG for the AY, 2019-20, whereas the batch of Sr. KG are being main-streamed to formal English schools. It is to be noted that our children excels in English vocabulary & writing than the children studying in main stream preschools who charge exorbitant fees.

#### **B. FREE ENGLISH / ARTS REMEDIAL SESSIONS:**

A free Remedial education session for the children who have either dropped out of the education system or have disturbed education and family background at tender age between 6 year to 14 years of age belonging to the marginalized and unprivileged labor class workers community in Rural Mira Bhayander is an initiative of our organization which imparts remedial basic education in English with the vision to empower them sustain themselves basically in this cruel world and learn basic English vocabulary so as to sufficiently mainstream them in regular formal education system.



The beneficiaries are accessed to free standard open remedial syllabus of English education regular attendance, celebration of events, festivals, sports day, annual day etc along with free notebooks, school stationary, Umbrellas, Energy Drinks and other misc. The first batch of 80 children have successfully completed their sessions and will continue their sessions in the AY, 2018-19. It is to be noted that few of the children from this batch have been mainstreamed in local municipal schools. We could not mainstream others in English Schools due to lack of funds The said remedial session functions from our Community Development Initiatives Centre (CWIC), Uttan from 4.00 to 6.00 pm Monday through Friday.



#### THEMATIC VERTICAL: EDUCATION

#### C. COMPLETE EDUCATION SPONSORSHIPS:

This year we were approached by the parents of the below pictured kindergarten children who completed their kindergarten studies from our free preschool in Uttan with best grades but were reluctant to enrol in mainstream schools situated in the locality due to unaffordable monthly fees and education expenses, these children live with their parents in rented one room tenements having brick walls, tin shed roofs, uneven floors, a typical family have 5-9 children and only one bread-earner who is an irregular daily-wager, hence it was just and necessary to support the education of these children and avoid them joining anti-social environments, child labor etc... accordingly with support from like-minded donors, we sponsored the complete education expenses of these children who are now studying in formal English schools in the locality and have successfully completed their first year and promoted to next academic class.











#### THEMATIC VERTICAL: PUBLIC HEALTH

We are equally concerned for the health care of the general public including our target beneficiaries, this year we have catered to **227** beneficiaries through free medical health screening camps, free first aid assistance stations, free first aid boxes, screening for heart ailments and blood sugar, dispensing of Vitamin "A".

Some of the beneficiaries accessing free services from our medical camps and first aid stations were unaware of their underlying health symptoms until they were screened for their ailments following which they were conscious and aware of their health parameters and promised to take precautions and necessary treatment from their medical facilities. Additionally the first aid boxes are proving to be of immense help to patients of road accidents, tourists and general public.

We are very thankful to our member Dr Imran Shaikh who has readily agreed to extend our services to the target beneficiaries in Nallasopara East from his clinic at subsidized fees.

#### A. Free Multispecialty Medical Health Screening Camps





#### **B. Free Medical First Aid Assistance Stations**









# THEMATIC VERTICAL: PUBLIC HEALTH

## C. Free distribution and management of Medical First-Aid Boxes



## D. Free regular dispensing of nutritious products to preschoolers



#### E. Free Medical Assistance to homeless





#### THEMATIC VERTICAL: PUBLIC HEALTH

#### F. Free Dispensing of Vitamin "A" Micro Nutritents





As per recommendations from W.H.O, it is mandatory for every nation including India to dispense Vitamin "A" to every child aged: 06 months to 59 months wherein the GoI has also adhered to the said recommendations thereby minimizing the risk of blindness and VADs, accordingly every PHC of the Govt is entrusted to immunize each child in their jurisdiction.

To our surprise, as per field survey report, it was revealed that the health department of Mira Bhayander Municipal Corporation failed to dispense the said Vitamin "A" to any child in the village of Uttan and other adjoining villages, in spite of having huge unused stocks, the said fact was evident from the records of the Govt issued Child Immunization Record Cards, accordingly we partnered with Vitamin Angels, a USA based organization that works with 400+ NGOs across several states in India and procured the Vitamin "A" in capsule format for free dispensing to children after following due procedure of law including permissions from the appellant authority i.e DGHS, New Delhi.

As per our policy, we intimated the health department of above said corporation in writing several times about the new initiative, but they failed to respond to any of our communications, on the day of dispensing of Vitamin "A" in Uttan at a preschool, the health officials halted our work and threatened to take legal actions against us following which we approached all the appellate authorities including the office of the President's Secretariat and PMO, New Delhi against the health department of the above said corporation following which immediate inquiry was initiated against the said department through Mantralaya, Mumbai and currently they have no any issues with us and we continue to dispense the Vitamin "A" to children who are not accessed to Govt Dosages.





# THEMATIC VERTICAL: PUBLIC HEALTH

## G. Free Dispensing of "Postik" Aahaar:



# H. Free Dispensing of "Fortified Meals":





#### THEMATIC VERTICAL: POVERTY ALLEVIATION

We also act as "LINK" between the various sections of society and our target beneficiaries from the marginalized communities wherein we were able to serve 624 beneficiaries this year through 19 different projects more particularly reflected herein below:

#### A. Free distribution of school supplies



#### B. Free distribution of preowned clothing





# **CELEBRATIONS / EVENTS**

# A. Celebrating Indian Independence Day, 15th August, 2018



# B. Celebration of Holi, 2K18



# C. Birthday Celebration of Ms Gauravi Jadhav





## **CELEBRATIONS / EVENTS**

# D. Celebrating Diwali, 2K18



#### E. Participation in Shubmahotsav, 2018

Every year, our underprivileged children from the migrant labor communities are privileged to attend the "Shubmahotsav" wherein they network, interact with other children and Bollywood celebri ties as well as accessed to dances, gifts, dinner and other goodies. It is a life time experiences in the lives of the young ones







# **PROJECT: FREE SUMMER CAMP, 2018**



Free Summer Camps are held every Summer for the unprivileged children wherein the children learn new things, are accessed to crafts, arts, coloring, games, value education, gifts and certificates. It is a new experience in the lives of these children.









#### **CELEBRATIONS / EVENTS**

# Maharashtra Police Raising Day, 2019



The officers from Coastal Police Station, Uttan visited our Community Centre at Dhavgi, Uttan to celebrate "Maharashtra Police Raising Day Week, 2019" during which the officers were welcomed by our beneficiaries and the officers shared valuable awareness about various anti-social activities prevalent in society and to abstain from such activities and support the State Police Force.









# **CELEBRATIONS / EVENTS**

Birthday of "Baby Navika" was celebrated by her parents accompanied by Mr Manish Somani and Team









## **CELEBRATIONS / EVENTS**

# Women's Day Celebration, 2019



International Women's Day was celebrated with our beneficiaries on 08th March, 2019 wherein sessions on Women Empowerment with examples of women world leaders were delivered followed by snacks and merry-making.







#### WOMEN EMPOWERMENT

In compliance to "The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013", a mandate for all establishments employing more than 10 employees forming part of the labor law particularly in the corporate/commercial/education/healthcare and government sector. HHF is privileged to act as the External NGO Representative in the "Internal Complaints Committee" (ICC) formed in accordance with the provisions of the aforesaid act for the following corporate free of any remuneration wherein the said corporate benefits from free drafting of policies training to staff and ICC members, hearing and disposal of cases in accordance with the provisions of the act therein.

- a. Mandhana Industries (Dyeing Unit II): Textile Industry
- b. Mandhana Industries (Garment Unit): Textile Industry
- c. Mandhana Industries (Shirting Unit) : Textile Industry
- d. Mandhana Industries (Dyeing Unit I): Textile Industry

21	No of Particulars	Status
01	Number of complaints of sexual harassment received in the year	00
02	Number of complaints of sexual harassment disposed of during the year	00
03	Number of complaints of sexual harassment pending for more than 90 days	00
04	Number of workshops on awareness program against sexual harassment conducted during the year	01
05	Nature of action	N.A
06	Number of meetings taken during the year per unit	04





# COMMUNITY DEVELOPMENT INITIATIVES CENTRE, (CWIC), UTTAN

The above said centre is located amidst a settlement of migrant labor force and delivers free access of the following services to the beneficiaries comprising of women, children, adults living in hostile conditions in the said area.

- a. Grievance Hour
- b. Women Empowerment Initiatives
- c. Preschool
- d. Remedial Education
- e. Celebrations of events, functions, national days.
- f. Distribution of pre-owned clothing, school stationary, book etc...
- g. First aid
- h. Adult literacy sessions.
- i. Books Library
- j. Toy Bank
- k. Any other as deem fit and proper.

#### WHY CWIC?

It is well established fact that there are thousands of "homes" for the children in our country commonly categorized as "Shelters", "Orphanages", "Ashrams" etc..wherein the beneficiaries are commonly known to be as "orphans", semi-orphans", in fact, as per records of the said institutions, it reveals that only a fraction of the total strength of the said institution are "orphans" or "semi-orphans", the rest enrolled in the said "homes" come from unprivileged families, marginalized communities, slums, rural areas etc.. wherein their parents cannot afford basic necessities, hence send their children to "homes"

This age-old practice leads to acculturation gap between the parent and the child which has proven to be unhealthy, dangerous and has no any impact, hence Bridging the acculturation gap is a necessity, accordingly CWIC acts as a platform within the communities which offers all the facilities that of a "home" and much more except accommodations to make sure that the child has a healthy family environment and the family as well as the entire community benefits from a holistic and impactful environment, this model of social work has proven to be a success wherein the overall expenditure is also very less having a greater impact compared to "homes"



U/s 80G (5)(vi) of Income Tax Act, 1961



#### CREDENTIALS / STATUTES

# a. Registrations:

U/s 20 of the SRA XXI of 1860 Regn No: MAHA/102/11/Thane U/s 18 of The BPT Act - 1950 Regn No: F/23280/Thane PAN No : AAATH9962J U/s 139(a)of Income Tax Act, 1961 U/s 12(a) of Income Tax Act, 1961

Regn No: THN/C.I.T-1/Tech.1/12A/49/2013-14

Regn No: PN/CIT(Exempt.)/Tech/80G/67/2015-16/5969

#### b. Bankers:

A/c Name : HELPING HAND FOUNDATION

: 31879021395 IFSC Code: SBIN0005318

c. Geographical area of operation: All states and regions of India

#### VISIBILITY / PUBLIC ACCOUNTABILITY

We are privileged to have the following organizations as our non-funding partners / advisors.

























# INTERNATIONAL VISITORS

This year, we were privileged to have two visitors from Brussels and Canada respectively, who spent their valuable time with the beneficiaries in our organization for approximately 10 days, it was a great experience for them as well as for our beneficiaries who were able to interact with them and learn about the outside world.

















#### **GOVERNANCE**

## A. Board of Executive Management:

SN	Name Pos	sition	Competency	Relation with othe	r members	Honorarium
					A comment	
01	Dr Pramod K. Pasi	Chairperson	Medical	Professional	No	No
02	Dr Sandhya Dalsingh	Vice Chairper	rson Medica	l Professional	No	No
03	Dr John A. Sircar	Secretary &				
Street Street		Chief Function	onary Medica	l Professional	No	No
04	Mr Tejas Wadekar	Jt Secretary	Clerical		No	No
05	Dr Sanjeevani Dabre	Treasurer	Medica	1 Professional	No	No
06	Dr Fatema Kapadia	Committee 1	Member Medica	1 Professional	No	No
07	Dr Imran Shaikh	Committee I	Member Medica	l Professional	No	No

#### **B.** Advisory Board:

SN	Name	Competency	Relation with other members	Honorarium
01	Dr Sarita P. Pasi	Medical Professio	nal yes	No
02	Mrs Lalita J. Sirca	r Accounts Professi	ional yes	No

#### C. Founders:

SN	Name Co	ompetency	Position	Honorarium
01	Dr John A. Sircar	Medical Professional	Founder	No
02	Dr Pramod K. Pasi	Medical Professional	Co-Founder	No

#### WE HEREBY CONFIRM THAT:

- 1. The Annual accounts, have been prepared on the basis of the accounting policies adopted by the organization in compliance to the existing accounting standards wherever necessary, the audit of the accounts are carried out by qualified Chartered Accountant in a rigid process
- 2.Sufficient care has been taken for the maintenance of accounts as per the applicable legal statues of India.
- 3. During day to day operations of the organization, ethical accountability, value of money have been given highest priority. NO part of the income during the previous years have been applied and used directly or indirectly for the benefit of:
- a. The founder or founders or trustees or their families/relatives.
- b. Any person who has made a substantial contribution to the organization.
- c. Any concerns in which the above mentioned category of persons have substantial interest (As required U/s 13 (3) of Income Tax Act, 1961)
- 4. None of the members/trustees/governing board has been given any honorarium and none of them occupies a place of profit in the organization.
- 5. All our initiatives, programs & events are currently funded by member contribution and seasonal domestic donors & well-wishers.
- 6. All accounts are audited annually and copies of the annual reports are available to general public & prospective donors on request.
- 7. 96% of all monetary donations are directly utilized in our initiatives benefiting marginalized communities.
- 8. 04% of all monetary donations are utilized towards administrative expenditures.
- 9. 100% of all in-kind (Non-monetary) donations benefit our beneficiaries from the marginalized communities



# FINANCIAL INFORMATION

Total Receipts	79172.00	81898.00
Misc ellaneous (Int from Bank)	728.00	770.00
Sale of assets	0.00	0.00
Grants from International sources (under FCRA)	0.00	0.00
Grants from Indian sources (trusts/govt/companies/foundations)	0.00	0.00
Other donations from foreign individuals	0.00	0.00
Donations from foreign individuals	0.00	0.00
Other donations from Indian individuals	0.00	0.00
Donation from Indian individuals	78444.00	81128.00
Self generated (Contribution from Founding Trustees)	0.00	0.00
	A Contract of the	
RECEIPTS (INR)	2017-2018	2018-2019
RECEIPTS (INR)	2017-2018	2018-20

PAYMENTS (INR)	2017-2018	2018-2019
PAYMENTS (Capital)		
Capital items purchased for the organization, excluding investment (Fixed Deposits)	0.00	0.00
Capital items purchased for beneficiaries	0.00	0.00
DAVIDER (D. ) D.		
PAYMENTS (Revenue) Programme related		
Salaries and benefits	0.00	0.00
Staff /Member training	0.00	0.00
Staff / Member travel	290.00	900.00
Consultant's fees	0.00	0.00
Office support expenses (rent/telephone/electricity etc.)	0.00	0.00
Materials procured (Medical Camp items, Education, Seminars.)	68623.00	71408.00
Grants/ donations given to other organizations as part of programme	0.00	0.00
Depreciation ( to be taken from Income and Expenditure account)	0.00	0.00
Others (Bank charges)	730.00	0.00
	The state of the same	
Non-programme related		
Salaries and benefits	0.00	0.00
Staff training	0.00	0.00
Staff travel	0.00	0.00
Office support expenses (rent/ repairs/ telephone/ electricity etc.)	0.00	0.00
Communication (correspondence/ Annual Reports/ brochures/ appeals/ website	0.00	0.00
etc.)		
Consultants' fees ( audit/ legal/ programme )	3000.00	3000.00
Depreciation ( to be taken from Income and Expenditure account)	6315.00	5368.00
Other non-programme expenses	0.00	0.00
Surplus carried over next FY	214.00	1222.00
Total Payments	79172.00	81898.00



# FINANCIAL INFORMATION- REPORT OF AUDITOR

Report of an auditor relating to accounts audited under sub-section (2) of section 33 & 34 and rule 19 of the Bombay Public Trusts Act.

Registered No. F-23280 THANE
Name of Public Trust : HELPING HAND FOUNDATION
For the year ending 31st March, 2019

(a) Whether accounts are maintained regularly and in accordance	YES
with the provisions of the Act and the rules :	
(b) Whether receipts and disbursements are properly and correctly shown in the accounts:	YES
(c) Whether the cash balance and vouchers in the costody of the	
manager or trustee on the date of audit were in agreement wid-	-1000
accounts	YES
(d) Whether all books, deeds, accounts, vouchers or other	
documents or record required by the auditor were produced before him:	YES
(e) Whether a register of movable and immovable properties is properly maintained, the	
changes therein are communicated from time to time to the regional office, and the	
defects and inaccuracies mentioned in the previous audit report have been duly	No
complied with	NO
(f) whether the manager or trustee or any other person required by the auditor to appear	VED
before him did so and furnished the necessary information required by him;	YES
(g) Whether any property or funds of the Trust were applied for any object or purpose	***
other than the object or purpose of the Trust;	NO
(h) The amounts of outstandings for more than one year and the amounts written	NO
off, if any;	NO
<ol> <li>Whither tenders were invited for repairs or construction involving expenditure exceeding Rs. 5000/-;</li> </ol>	NO
(j) Whither any money of the public trust has been invested contrary to the provisions of Section 35:	N.A.
<ul> <li>(k) Alienations, if any, of the immovable property contrary to the provisions of Section 36 which have come to the notice of the auditor;</li> </ul>	N.A.
(I) All cases of irruglar, illegal or improper expenditure, or failure or ommission to recover	
monies or other property belonging to the public trust or of loss or waste of money or	
other property thereof, and whether such expenditure, failure, ommission, loss or	N.A.
waste was caused in consequence of breach of trust of misapplication or any other	
misconduct on the part of the trustees or any other person while in the management of the trust;	
(m) Whether the budget has been filed in the form provided by ru¹- 16A;	N.A.
(n) Whether the maximum and minimum number of the trustees aintained;	YES
(o) Whether the meetings are held regularly as provided in such instruments;	YES
(p) Whether the minute books of the proceedings of the meeting is maintained;	YES
(q) Whether any of the trustees has any interest in the investment of the trust;	NO
( r )Whether any of the trustees is a debtor or creditor of the trust;	NO
( s ) Whether the irreregularities pointed out by the auditors in the accounts of the	
previous year have been duly complied with by the trustees during the period of audit:	N.A.
Any special matter which the auditor may think fir or necessary to bring to the notice of the Deputy or Assistant Charity Commissioner	NO

[R. M. PATIL] Chartered Accountant Auditors



# FINANCIAL INFORMATION - AUDITED BALANCE SHEET

1	The Bombay Public SCHEDULI (Vide Rul	E-IX C
tatement of Income liable to contribution for the year ending 31st Me	rch, 2019	
lame of Public Trust : HELPING HAND FOUNDATION	Registered No. F-23280 TH/	ME
	Rs. P.	Rs. P.
Income as shown in the income and Expenditure	200	81,896.00
Account (Schedule IX)		
Items not chargeable to contribution under Section 58	1 1	
and Rules 32 :		
(I) Donations received from other Public Trust and	4	
Dharmadas	1	
(ii) Grants Received from Government and Loacal authorities (iii) Interest on Sinking or Depreciation Fund		
(iv) Amount spent for the purpose of secular education	52,092.00	
(v) Amount spent for the purpose of medical relief	15,901.00	67,993.00
(vi) Amount spent for the purpose of veterinary treatement		,ex
of animals	1	
(vii) Expenditure incurred from donations for relief of		
distress caused by scarcity, drought, flood, fire or other		
natural calamity.  (viii) Deductions out of income from lands used for agricultural	1	
purpose:-		
(a) Land Revenue and Local Fund Cess		
(b) Rent payable to superior landlord		
(c.) Cost of production, if lands are cultivated by trust	1	
(ix) Deduction out of income from lands used for non-		
agricultural purposes : (a) Assessment, casses and other Governnt or		
Muncipal Taxes		
(b) Ground rent payable to the superior landlord		
(c.) Insurance premia	\ \	
(d) Repairs at 10 per cent of gross rent of building		
(e) Cost of collection at 4 per cent of gross rent of		
buildings let out (x) Cost of collection of Income or receipts from securities,	1 1	
stocks, etc. at 1 per cent of such income.		
(vi) Deductions on account of repairs in respect of buildings		
not rented and yielding no income, at 10 per cent of the	1 Y	
estimated gross annual rent		
		13905.0
Gross Annual income chargeable to contribution Rs.	, <del>-</del>	
and the state of t	Schedule, the Trust has not clain	ned
Certified that while claiming deductions admissible under the above any amount twice, either wholly or partly, against any early are in	nentioned in the Schedule which h	ave the
effect of double-deduction.	//	
10. E	,	Mark
Trust Address:	1 1	HOLD
302, GANESH SOCIETY NO.2,	MINO 0 4	4
UTTAN NAVGHAR CHURCH ROAD, UTTAN BHAYANDAR(W) DIST: 401 106	Datedn w	[R. M. PATIL]
OT INICATION OF THE PROPERTY O	) Mon	Chartered Accountant
	M	Auditor
	(1)	
Dated Dated	D FAY D	_
08.00	- mm	Trustee
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14		



## **GRATITUDE TO OUR DONORS**

## Special Note of Thanks to all our contributors and supporters

Every year as we grow and spread our work, We are overwhelmed by the love and support of people from all walks of life,

We take this opportunity to thank all our donors, volunteers, benefactors, well-wishers, institutions, and agencies who have stood by us over the years.

Irrespective of its value or status each and every contribution is important for us.

#### Thank You to All of Our Donors

We are very thankful to the below mentioned donors without whom this annual report would not exists, it is only because of your contributions that we were able to fulfill our objects which are reflected in this annual report.

## RS: 5000/- and above.

Dr Ratan Ramchairy, Assam Dr Fatema Kapada, Mumbai Dr John Sircar, Mira Bhayander Ms Lalita Sircar, Mira Bhayander

#### Rs: 100/- to RS: 5,000/-

Mr Johnson D'mello
New Metro Medical, Bhayander East
Mrs Sharmila Rajput
Mr Manoj Jadhav
Mr Haresh Jadhav
Ms Gauravi Jadhav
Dr Sandhya Dalsingh
Mr Shrikant Sud
Mr Manishbhai
Mr Ramesh Sood
Dr Sandhya Dalsingh
Metro Ayurvedic Bhandar
Janseva Medico, Uttan

#### **Non-Monetary Donations**

Mrs Soniya More
Dr Om Kamma
Amcha Ghar Trust
Vitamin Angels
Dr Pramod Pasi
Ms Rabia Dogan
Mrs Sharmila Rajput
Mrs Reena Rajani
Ms Ekata Warik
Mr Manishbhai
Mr Shrikand Sood
Ms Gauravi Jadhav
Ms Kala Nallola
Mr Ravindra Raichur



# APPEAL FOR SUPPORT HOW YOU CAN DO YOUR BIT

With the vision to empower and impact lives of marginalized communities, we are entering into another year wherein various new steps and initiatives are to be implemented and strengthened. We sincerely acknowledge and appreciate the immense support of our partners, volunteers, members, and supporters, towards this noble cause.

We are thankful to our general assembly, executive board members and donors for their constant support and guidance, and extend the appreciation to our entire team for their dedication, commitment and contribution.

The journey so far would not have been possible without the support of every one of you. We hope and aspire to continue to work with all the more enthusiasm and passing in the coming years as well with your support and guidance.

#### ASSIST US TO HELP MORE CHILDREN

UNICEF estimates there are more than 31 million unprivileged children in India. Our work has only touched the tip of the iceberg, as we evolve, we hope to reach more children directly by enrolling them to mainstream schools and roll out better citizens.

Your skills, time, donation in kind or financial support, all go a long way towards helping us to empower and impact lives of the underprivileged

Helping Hand Foundation is always ready to welcome like-minded individuals, students, corporate houses, and well-wishers to be our members, donors, partners & volunteers who wish to help us in our mission by donating their time, energy, skills & resources.

There are numerous ways in which you can help us impacting lives and building better communities. If you like to be a part of this effort, you can render your support in the following ways:

#### Our Organization is looking for generous donors like you

- **1. DIRECT DONATIONS:** Through Cheque favoring "HELPING HAND FOUNDATION" and sent to 302, Ganesh Society No: 02 CHSL, Off Uttan Navghar Church Road, Uttan, Bhayander West, Tal-Dist, Thane 401106, Mumbai, Maharastra, India.
- **2. INDIVIDUAL PARTNERSHIPS:** Be the change you wish to see. Because all change begins with an individual. Too often in life, we wait around for someone else to instigate the changes we want to see.

We doubt our own ability and become paralyzed to action, thinking either we are not solely capable of bringing the changes about, or that someone else will get around to it. But this inability to act alone is all in our head. Because history bears witness that the most extraordinary things were done by the most ordinary people.

And this individual action is certainly the need of the hour for India – the land of great contrasts! While the country has 53 billionaires, it also has 17 million child laborers. While it has a galloping GDP growth, it also has 2 million children dying before their first birthday due to the lack of immunizations and medical facilities!

So if you've ever wished to be able to do something for the greater good, the time could not be more right. Remember! You don't have to make radical changes for your efforts to count, because the small changes make a big difference!

You can choose to sponsor any of the projects scheduled for next year i.e 2019-20.



#### LOOKING AHEAD....2019-20

We are hoping to continue with our work empowering and impacting lives of the marginalized communities through your support, co-operation and partnership

We are also looking for a CSR partnership as appropriate

We are looking for individual donors / sponsors for the following requisites: (Please contact +91 9987923843 before donating for precise requirements)

- a. School Notebooks, uniforms, stationary, bags, water bottles, Tiffin boxes, Compass boxes
- b. Sponsorship of Annual / Semi-Annual education fees of a bright underprivileged student
- c. New / Preowned LCD/LED for teaching in our free Preschools for underprivileged students
- d. Sponsorship of events, festivals, picnics, excursions.
- e. Sponsorship of medicines for elderly, bed-ridden, homeless individuals.
- f. Sponsorship of household monthly groceries for adopted families / elders

# "THANK YOU"

